

TOWN OF HARWICH



BOARD OF HEALTH

732 Main Street Harwich, MA 02645

508-430-7509 – Fax 508-430-7531

E-mail: health@town.harwich.ma.us

TOWN OF HARWICH BOARD OF HEALTH
TUESDAY, APRIL 21, 2020-6:30 P.M.
HARWICH TOWN HALL – REMOTE MEETING
MEETING AGENDA

As required by law, the Town may audio or video record this meeting. Any person intending to either audio or video record this open session is required to inform the Chair

Pursuant to Governor Baker’s March 12, 2020 Order Suspending Certain Provisions of the Open Meeting Law, G.L. c. 30A, §20, and the Governor’s March 15, 2020 Order imposing strict limitations on the number of people that may gather in one place, this meeting of the Harwich Board of Health is being conducted via remote participation. No in-person attendance of members of the public will be permitted, but every effort will be made to ensure that the public can adequately access the proceedings as provided for in the Order.

I CALL TO ORDER

II MINUTES OF PREVIOUS MEETING (Regular Meeting Minutes) – March 17, 2020
Minutes shall be reviewed; proposed changes shall be possible; and a vote to approve with any noted changes shall be taken.

III 6:30 PM - BOARD OF HEALTH WORK SESSION
A. Continued Review of Draft Town of Harwich Nutrient and Pesticide Control Bylaw/Education- ALL DISCUSSION WILL BE CONTINUED UNTIL THE MAY 18, 2020 BOARD OF HEALTH MEETING
Vote to accept/deny/take this under consideration

B- Health Director Update on COVID-19-*Vote to accept/deny/take this under consideration*

IV NO EARLIER THAN 7:00 PM -OLD/UNFINISHED BUSINESS
A. Request for Extension of Board of Health Condition- Request from 21 Plus Smoke Shop, 1421 Orleans Road, to extend the deadline of their approved tobacco application until April 30, 2020
Vote to accept/deny/take this under consideration

V NEW BUSINESS-*Vote to accept/deny/take this under consideration*

VI REPORT OF THE HEALTH DIRECTOR (March 2020)-*Vote to accept/deny/take this under consideration*

VII CORRESPONDENCE-*Vote to accept/deny/take this under consideration*

VIII PERMITS- *Vote to accept/deny/take this under consideration*

| ESTABLISHMENT | ADDRESS | TYPE | TYPE |
|---------------|---------|------|------|
| MOTEL | | | |

| | | | |
|--|-------------------|-----------------|----------------|
| A Beach Breeze Inn * | 169 Route 28 | | |
| Commodore Inn * | 30 Earle Road | | |
| Inn on the Beach * | 16 Bank Street | | |
| BATHING BEACH | | | |
| Belmont Condominium * | 1 Belmont Road | Nantucket Sound | |
| Inn on the Beach * | 16 Bank Street | Nantucket Sound | |
| Old Mill Point Assoc. * | Strandway | Nantucket Sound | |
| Old Mill Point Assoc. * | Sea Way | Nantucket Sound | |
| UTILITY INSTALLER | | | |
| Peter McIntire and Sons, LLC (2020 New) | | | |
| TITLE 5 INSPECTOR | | | |
| David D. Flaherty, Jr. * | | | |
| FOOD | | | |
| A & W * | 297 Route 28 | 61-150 seats | Frozen Dessert |
| Cape Farm Supply * | 1601 Factory Road | Limited Food | |
| Dockside Seafood Shack | 715 Route 28 | 31-60 seats | |
| The Family Pantry * | | Mobile Food | |
| The Weatherdeck * | 168 Route 28 | 61-150 seats | |
| POOL | | | |
| Commodore Inn * | 30 Earle Road | | |
| Seascapes Condo * | 231 Route 28 | | |
| * 2020 Renewal | | | |

IX **OTHER-***Vote to accept/deny/take this under consideration*

X **ADJOURN-***Vote to accept/deny/take under consideration*

Authorized posting officer:

Posted by:

Jennifer Clarke

Signature

Town Clerk

Date

Per the Attorney General's Office: The committee may hold an open session for topics not reasonably anticipated by the Chair 48 hours in advance of the meeting following "New Business." If you are deaf or hard of hearing or a person with a disability who requires an accommodation, contact the Selectmen's Office at 508-430-7513

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**TOWN OF HARWICH BOARD OF HEALTH
TUESDAY, MARCH 17, 2020-6:30 P.M.
HARWICH TOWN HALL – DONN B. GRIFFIN ROOM
MINUTES**

PLEASE NOTE THAT THIS MEETING WAS HELD REMOTELY BY ALL PARTICIPANTS

BOARD OF HEALTH MEMBERS PRESENT: Chairwoman Pamela Howell, R.N., Vice Chairwoman Sharon Pflieger, Member Ronald Dowgiallo, D.M.D. & Member Matthew Antoine (all via phone)

STAFF MEMBERS PRESENT: Health Director Meggan Eldredge & Executive Assistant Jennifer Clarke (all via phone)

OTHERS PRESENT: Stephanie Sequin, Andy Grover, Syed Naqvi, David Clark, Bill Marsh & Attorney Bill Riley (all via phone)

Recording & Taping Notification: As required by law, the Town may audio or video record this meeting. Any person intending to either audio or video record this open session is required to inform the Chair.

I CALL TO ORDER

Chairwoman Howell called the meeting to order at 6:30 p.m.

II MINUTES OF PREVIOUS MEETING- February 18, 2020

Ms. Pflieger moved to approve the minutes of the February 18, 2020 Board of Health meeting, 2nd by Mr. Dowgiallo. The vote was 4-0-0 by roll call.

**III 6:30-7:00 PM- BOARD OF HEALTH WORK SESSION
A. Coronavirus update and response discussion**

Health Director Eldredge stated that based on Governor Baker's order prohibiting gatherings of 25 or more people and to ensure the safety and well-being of the general public and municipal employees, all municipal buildings are closed to the general public effective at 4:00 p.m. on Monday March 16, 2020 and until further notice. Employees are working to complete day to day work in a limited capacity. We have been in contact with the Department of Public Health and Barnstable County Health and Environment. There is an increase in the number of cases which was expected to happen. Because we are now seeing community spread in Barnstable County and Massachusetts that is not related to travel to China, more restrictions have been imposed.

Ms. Howell asked how many confirmed cases have been reported in Barnstable County. Health Director Eldredge responded that as of 4:00 today, there are 2 confirmed cases. The 2 cases reside in the same house in Sandwich and their close contacts have been notified.

Ms. Pflieger asked how many people on Cape Cod have been tested. Health Director Eldredge responded that she doesn't have that number, but that Cape Cod Healthcare is keeping track of the number of tests that are given.

Health Director Eldredge confirmed that a drive-thru COVID-19 testing facility has been established at Cape Cod Community College. It is not a drop in testing center, you will need an order from a doctor to receive the test.

B. Continued review of draft Town of Harwich Nutrient and Pesticide Control Bylaw/Education

Health Director Eldredge recommended continuing this until an upcoming meeting.

Ms. Pflieger moved to continue the review of draft Town of Harwich Nutrient and Pesticide Control Bylaw/Education until the April 21, 2020 Board of Health meeting, 2nd by Mr. Antoine. The vote was 4-0-0 by roll call.

IV OLD/UNFINISHED BUSINESS (NO EARLIER THAN 7:00 P.M.)

A. Continued Hearing-7 Eleven 34434/Syed Naqvi-Appeal of an order and fine issued by the Health Department for violation of the Regulations of the Harwich Board of Health Restricting the Sale of Tobacco Products, Section D and 105 CMR 665.010: Minimum Standards for Retail Sale of Tobacco and Electronic Nicotine Delivery Systems (continued from February 18, 2020 meeting)

Syed Naqvi was present via phone.

Health Director Eldredge confirmed that Mr. Naqvi has turned the store back over to corporate. The Board of Health does not have the ability to reduce the minimum fine of \$1000.00 for a first offense. The Board can find Mr. Naqvi not responsible or file a complaint with the District Court, who will then be able to consider reducing the fine. At last month's meeting, Mr. Naqvi was disputing the amount of the fine and his financial ability to pay it.

The Board agreed that the fine should be dismissed given all information presented.

Ms. Pflieger moved to find Syed Naqvi not responsible for the fine and to dismiss the order issued by the Board of Health, 2nd by Mr. Dowgiallo. The vote was 4-0-0 by roll call.

V NEW BUSINESS

A. Hearing-The Deacons Folly Realty Trust, 21 Deacons Filly Road, to consider a variance request to upgrade a Title 5 septic system prepared by Ryder & Wilcox, Inc.

Variances from 310 CMR 15.211: Minimum Setbacks

1. Per 310 CMR 15.211(1): To allow a proposed soil absorption system to be 5' from the north and west property lines where 10' is required. Variance request of 5'.
2. Per 310 CMR 15.211(1): To allow a proposed soil absorption system to be 10' from a full foundation where 20' is required. Variance request of 10'.

Chairwoman Howell opened the hearing. Andrew Grover from Ryder & Wilcox, Inc. was present via phone. Health Director Eldredge read the variances being requested.

This property has an existing 6-bedroom multi-family dwelling and a majority of the property is within a buffer to a resource area. The existing 2 septic systems are proposed to be upgraded to a single system. Additionally, the existing multi-family dwelling is proposed to be re-built in the same footprint, same number of bedrooms, but is being reduced down to a single family residence. The application includes the addition of a finished basement, which increases the habitable space. Due to the proximity to the resource area, an upgrade in full compliance is not feasible.

No public comment was heard. Chairwoman Howell closed the public hearing.

Health Director Eldredge recommended approval of the variances with the following conditions:

1. Incorporation of an Innovative/Alternative septic system to reduce nitrogen impact to the resource.
2. An operation and maintenance agreement shall be in place prior to approval of the Certificate of Compliance.

3. Property shall be restricted to a maximum of 6 bedrooms.
4. Variances and conditions shall be recorded at the Barnstable County Registry of Deeds.

Ms. Pflieger moved to accept the recommendation of the Health Director, 2nd by Mr. Dowgiallo. The vote was 4-0-0 by roll call.

B. Hearing-Paterson, 15 Pine Wood Lane, to consider a variance request to upgrade a Title 5 septic system prepared by Ryder & Wilcox, Inc.

Variances from 310 CMR 15.211: Minimum Setbacks

1. Per 310 CMR 15.211(1): To allow a proposed soil absorption system to be 15' from the cellar wall where 20' is required. Variance request of 5'.

Chairwoman Howell opened the hearing. Stephanie Sequin from Ryder & Wilcox, Inc. was present via phone. Health Director Eldredge read the variance request.

The variance is requested to allow for the installation of a sewage disposal system to serve an existing two-bedroom dwelling. There are no additions or alteration to the property proposed at this time. Due to limited space between the existing building and the property line, it is not possible to design a system in full compliance.

No public comment was heard. Chairwoman Howell closed public comment.

Health Director Eldredge recommended approval of the variance with the following conditions:

1. The dwelling is to be restricted to 2 bedrooms.
2. No increase in habitable space or square footage without further review by the Board of Health.
3. Variances and conditions shall be recorded at Barnstable County Land Court.

Ms. Pflieger moved to accept the recommendation of the Health Director, 2nd by Mr. Dowgiallo. The vote was 4-0-0 by roll call.

C. Environmental Impact Report-Eastward Companies- 3, 7, 15 & 16 Bascom Hollow, Environmental Impact Report to demonstrate compliance with Harwich Board of Health Regulation 1.211, plans prepared by Clark Engineering, LLC.

Chairwoman Howell opened the hearing. David Clark from Clark Engineering, Bill Marsh from Eastward Companies & Attorney Bill Riley were present via phone. The applicant has submitted a revised Environmental Impact Review (EIR) (originally approved on May 14, 2018) in accordance with the Harwich Board of Health Regulation 1.211. Based on the town's schedule for the installation of municipal sewer in 2018, they proposed and requested to limit the development to 4 lots until such time as the connection to the municipal sewer was available. They completed 3 houses on lots 3, 5 & 7 in 2019 and they are now occupied. The applicant now understands that the sewer line installation in this area may not be completed for at least 2 more years, and are now being forced to look at alternatives to address the septic issue at hand with the delay in sewerage. The applicant has revised the EIR to propose individual systems on the remaining 4 lots. It is important to note that this property is located in the Pleasant Bay watershed. This area is in phase 2 of the CWMP, but is in contract 3, which has not yet had funding approved.

Attorney Riley stated that he would like the newly released properties to have traditional septic systems on their own lots. He feels that the added expense of innovative/alternative technology would be a waste of money because when the sewer is installed, they will have to abandon the septic system.

Health Director Eldredge reviewed regulation 1.211. She added that phase 2 has been split up into 3 contracts. The remainder of the lots are in contract 3, which has not been approved because they are pending funding, which requires a vote of town meeting. Best case scenario is that there would be a special town meeting in the fall of 2020 which would have this on the ballot.

Health Director Eldredge provided 2 other options which are to require innovative/alternative septic systems on only the newly released lots or require innovative/alternative technology on all of the lots, which would mean retrofitting the existing septic system. She added that if the Board requires innovative/alternative technology on the newly released lots, when sewer is available, they could be given a longer timeline for hook up.

Chairwoman Howell closed the hearing.

Ms. Pflieger stated that she understands the predicament that the builder is having. Her biggest concern is that we do not know if contract 3 will be approved and that as she understands, it might be moved to a different phase of sewerage. Her other concern is the impact that this would have on the Pleasant Bay watershed. Ms. Pflieger agreed with the Health Director's recommendation of requiring innovative/alternative technology septic systems on the newly released lots. Mr. Dowgiallo agreed.

Attorney Riley agreed that the Pleasant Bay watershed is very important and that the builder recognizes this. The concern that contract 3 will not be sewerage seems a little extreme.

Ms. Howell asked what the timeline is for building houses. Attorney Riley stated that it would be at least 2 years for construction completion. Ms. Pflieger added that the environment needs to be taken into consideration. The CWMP was put into effect for a reason. She suggested that the builder could wait and see how the special town meeting vote goes, and then proceed from there.

Mr. Marsh feels that the option of requiring innovative/alternative technology is not economically feasible. They have customers who are ready to sign or have already signed contracts. He would like to see the newly released properties to have traditional systems on their own lots, and if the town does not approve contract 3 in the fall, then they would be obligated to install innovative/alternative technology. Health Director Eldredge feels that would be a reasonable request.

The members and applicants briefly discussed the locations of the houses with respect to the watershed.

Ms. Pflieger moved to approve that the newly released properties will have traditional septic systems on their own lots, and that if phase 2/contract 3 of the municipal sewer system is not approved at a 2020 special fall town meeting, that innovative/alternative technology will be added to the systems, 2nd by Mr. Dowgiallo. The vote was 4-0-0 by roll call.

VI REPORT OF THE HEALTH DIRECTOR (February 2020)

Health Director Eldredge provided the Board with updates from February 2020. The Health Department has been fully involved with COVID-19 tracking since the end of the month. She has also been part of a COVID-10 sub-committee group and added that it is nice to have consistency in between town lines.

Ms. Pflieger requested to schedule a meeting with the Health Director to discuss continuity of operations. Health Director Eldredge responded that if any member would like to meet with her, she would be happy to walk them through our binders of emergency planning information.

Ms. Howell stated that she is very proud of Cape Cod Healthcare in their effort to reduce any spread of the virus, especially at the hospital. It is great to see what plans are in place to protect staff and patients.

VII CORRESPONDENCE

No correspondence was discussed.

VIII PERMITS

| 0 ESTABLISHMENT | ADDRESS | TYPE | TYPE | TYPE |
|-----------------|---------|------|------|------|
| STABLE | | | | |

| | | | | |
|--|---------------------|-------------------|--------------|----------|
| Erin McWilliams (2020 New) | 758 Depot Street | Res. Stable | | |
| TITLE 5 INSPECTOR | | | | |
| Linda J. Cronin * | | | | |
| SEPTIC INSTALLER | | | | |
| Lower Cape Excavation (2020 New) | | | | |
| LVA Construction * | | | | |
| FOOD SERVICE | | | | |
| 7-Eleven (2020 New Ownership) | 5 Route 28 | Less than 5000 sf | Milk & Cream | Take Out |
| Cape Cod Lavendar Farm * | | Event Permit | | |
| Dancing Spoons A Go Go Food Truck (2020 New) | | Mobile | | |
| Foss Farms (2020 New) | | Event Permit | | |
| Harwich Junior Theatre * | 265 Sisson Road | Limited Food Svc | | |
| Harwich Junior Theatre * | 105 Division Street | Limited Food Svc | | |
| Harwich United Methodist Church * | 1 Church Street | Institution | | |
| Seawind Meadows, LLC * | | Event Permit | | |
| TOBACCO | | | | |
| 7-Eleven (2020 New Ownership) | 5 Route 28 | | | |
| MOTEL | | | | |
| Handkerchief Shoals Inn (2020 New Ownership) | 888 Route 28 | | | |
| * 2020 Renewal | | | | |

The Board had a brief discussion on food truck operations during the COVID-19 pandemic. Health Director Eldredge responded that food trucks would be able to operate because they would not be in violation of having 25 people in a location at one time. It would be the responsibility of the business owner to ensure that proper social distancing of 6' is being kept at all times.

Mr. Dowgiallo moved to approve the permits as per the list dated March 17, 2020, 2nd by Ms. Pflieger. The vote was 4-0-0 by roll call

IX OTHER

Health Director Eldredge reported that staff has been inspecting Value Mart on a weekly basis. It was a rough start, but they are now in compliance with the Board of Health's order.

X ADJOURN -The meeting adjourned at 7:45 p.m.

Ms. Pflieger moved to adjourn the meeting at 7:45 p.m., 2nd by Mr. Dowgiallo. The vote was 4-0-0 by roll call.

Respectfully Submitted,

Jennifer Clarke

Next meeting is Tuesday, April 21, 2020 at 6:30 p.m. in the Small Hearing Room.

Documents included in March 17, 2020 Board of Health Meeting Packet:

- Board of Health Agenda dated March 17, 2020
- Draft Board of Health Minutes dated February 18, 2020
- Letter to Board of Health from C. Whiting Rice dated February 24, 2020
- Glyphosate-Understanding and Managing it in Massachusetts dated January 13, 2020
- Glyphosate-Science and Harm dated December 31, 2019
- Information regarding Vineyard Golf Course dated February 19, 2020
- Site One Landscape Supply Work Order for Laura Kelley dated February 11, 2020
- Site Summary for 7-Eleven/Syed Naqvi dated March 17, 2020
- Letter from 7-Eleven dated February 18, 2020
- Site Summary for 21 Deacons Folly Road dated March 17, 2020

- Variance application and associated documents for 21 Deacons Folly Road dated March 2, 2020
- Site Summary for 15 Pine Wood Lane dated March 17, 2020
- Variance application and associated documents for 15 Pine Wood Lane dated March 3, 2020
- Site Summary for Bascom Hollow EIR dated March 17, 2020
- EIR application and associated documents for Bascom Hollow dated March 4, 2020
- 2019 Annual Report of the Board of Health
- Letter from Visiting Nurse Association dated February 19, 2020
- Letter to Value Mart dated February 25, 2020
- Letter to 21 Plus Smoke Shop dated February 24, 2020
- Letter from Board of Selectmen to Health Director dated February 21, 2020
- Any other documents submitted for/at the March 17, 2020 Board of Health meeting

DRAFT

III-B.



**Town of Harwich
Board of Health**

732 Main Street Harwich, MA 02645
508-430-7509 – Fax 508-430-7531
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April 10, 2020

Hello, this is Meggan Eldredge, Health Director for the Town of Harwich with an important update regarding the coronavirus health emergency. The number of cases in Harwich has reached 25, including 1 death while the total cases in Massachusetts is 18,941 with 503 deaths.

Public Health experts anticipate that Massachusetts will see a surge in the number of cases of COVID-19, the disease caused by the coronavirus, during the time between April 11th and April 20th. With the increase in the number of cases comes an increased risk of coming in contact with someone who is infected. This period of time will also put an increase in demand on emergency responders and our healthcare system.

It is for these reasons that I am asking everyone to remain home as much as possible during this critical time. If you must leave your home for essential reasons, such as groceries and medication, please wear a mask, stay 6' away from others, use hand sanitizer and make sure to wash your hands frequently.

In order to do our part, the Town of Harwich is greatly reducing government operations during this period. Specifically, all inspectional services will be suspended and the transfer station will be accepting household waste and recycling only. The transfer station will be enacting a new traffic flow pattern to allow for proper social distancing, this new process will require longer wait times, please plan accordingly.

We will be re-assessing this work processes on April 15th in order to decide if we are able to resume our current staffing plan.

These actions are not taken lightly and are intended as an effort to broaden social distancing efforts while, as much as practicable, striving to continue municipal government operations in support of our community.

COVID-19 is transmitted through respiratory droplets that enter your body through your eyes, nose and mouth. Take special care to remain at least 6' away from other people, not touch your face and wash your hands often. Together we are making a difference.

For more information on coronavirus and town operations during this time, please visit our website: www.harwich-ma.gov/

Thank you and take care.

BOS update 4.9.20

There have been significant concerns regarding the releasing of town specific COVID case numbers. During the infancy of this epidemic, I felt that notifying the residents of the fact that the virus is within our community was essential information because it alerted the public that we are all at risk and this isn't an illness that can only be acquired by traveling to China or other countries that were experiencing high infection numbers. Our first case was community acquired and not travel acquired.

I continued to release updates on the number of cases in Harwich until the Department of Public Health provided guidance that contradicted that practice. The DPH advised towns not to release individual town numbers in an effort to further protect individual's privacy. I agreed with this new practice, because I don't feel that having a high or low number in town impacts the town or individual people's response to this emergency. We all need to live as if we are all infected, with the very real possibility that there may be people among us that are carrying the disease without knowing it, and passing it along to others who may not fare as well. It does not matter if a person living on your street or in a different part of town is positive. People should not be interacting within 6' of anyone outside of their individual household.

The DPH has since changed their guidance to reflect that the decision to release town numbers is at the discretion of the Town.

I am advising the Board of Selectmen of the pros and cons of releasing individual numbers.

PROS:

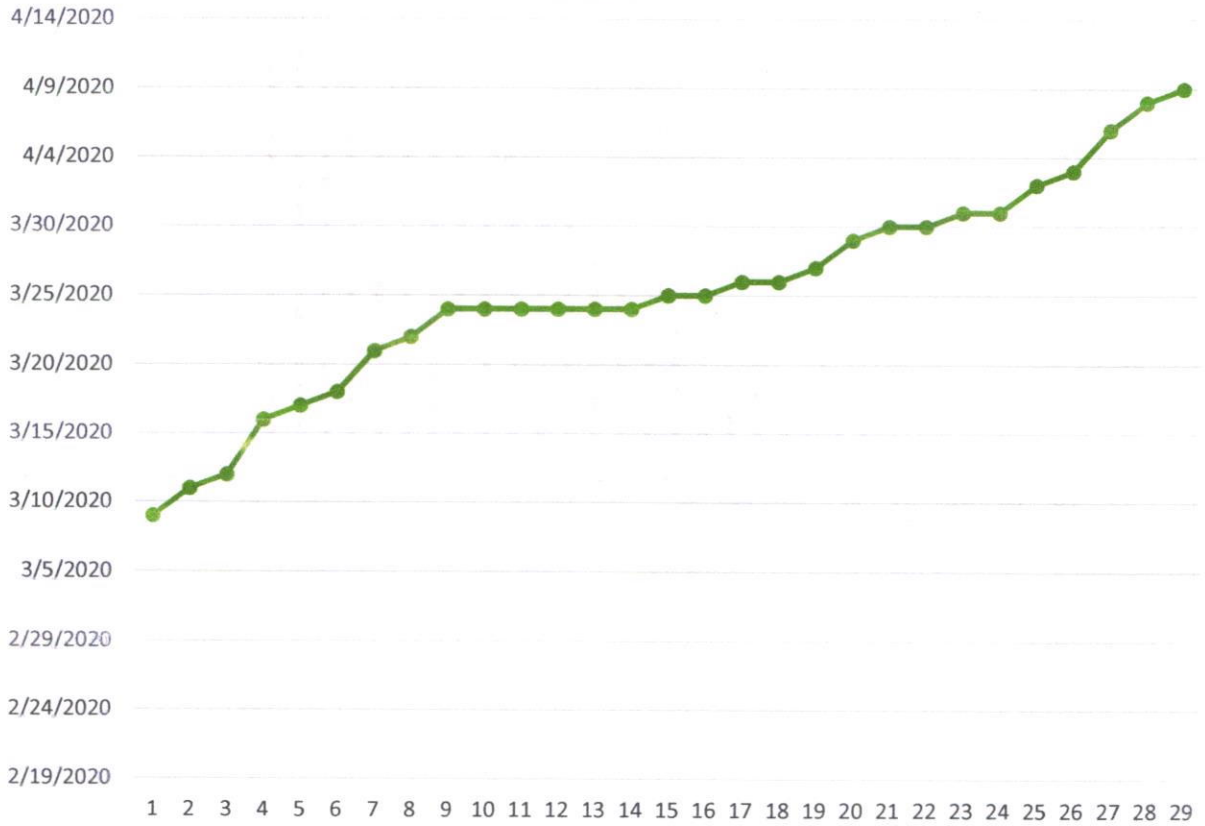
- Transparency
- Public awareness
- Decrease panic

CONS:

- low numbers bring a false sense of security
- low numbers in Harwich compared to other towns may encourage "out of town people" to come here to shop
- High numbers cause increase panic and anxiety
- The numbers are not always accurate: CCHC reports directly to MAVEN while other providers may not, creating a lag in data

HIPPA does not allow the release of any medical information that can be identifiable to a person. Case numbers are allowed to be released according to HIPPA. Cape Cod Healthcare has developed a mapping tool to identify case numbers by zip code, towns have the option to opt out of being reported this way. Cape Cod Healthcare may not have case numbers that are reported through other mechanisms such as providers outside of their network. This includes Outer Cape Health. These numbers also may not reflect cases that have been clinically diagnosed verses laboratory diagnosed. I caution residents in relying on any source of data because even I, as the Health Director do not get all information in the most timely manner.

TOTAL NUMBER OF CASES IN HARWICH 4-13-20



COVID-19 Cumulative Cases, Barnstable County

Epidemiological Curve: 4/13/20

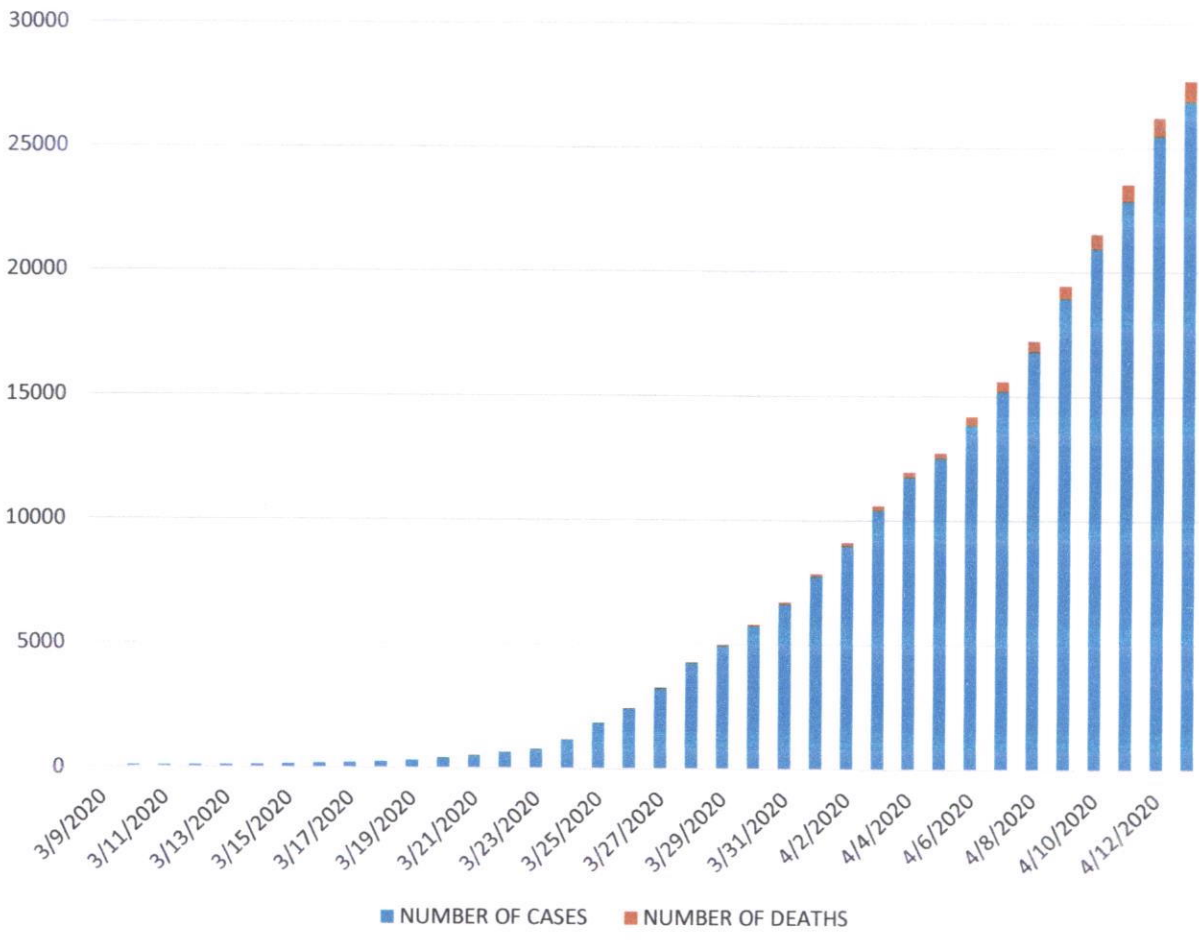


17 Deaths

First presumptive positive case was quarantined on 3/6/20

Source: V. Harik, BCDHS

STATEWIDE CURVE 4.13.20





Town of Harwich Board of Health

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Masks and gloves for the general public

Covid-19 is a respiratory virus that is carried on droplets, which means it needs to enter your eyes, nose or mouth to cause disease. The most common way for the virus to enter the respiratory tract is when people inhale infected droplets from other people. The mask will stop *your* respiratory droplets from getting into other people's bodies. A cloth or surgical mask is not meant to protect the *wearer* from other people's germs.

Some people do not show any signs of illness and are not aware of the fact that they may have COVID-19, wearing a mask will help stop the spread of the virus from these asymptomatic people to others. By wearing a cloth mask, you are protecting others, and is recommended for everyone to wear while in public places such as stores.

Wearing a mask while out for a walk or doing yardwork is unnecessary as long as you maintain social distance of 6 feet from other people. Wearing a mask while driving alone in your car is not necessary, wiping down the area with a disinfectant is sufficient. Homemade masks should be washed often with soap and water.

A smaller proportion of infections happen when people touch surfaces where the virus lives and then touch your eyes, nose, or mouth. You can't contract COVID-19 through touch alone. It cannot get absorbed through your skin, you have to touch something contaminated, and then touch your face (eyes, nose, or mouth).

While gloves might seem to create a barrier between your hands and infected surfaces, they do not prevent COVID-19 infection because you can still touch your face with your gloved hands, and may provide a false sense of security. Many people use gloves incorrectly and actually spread the virus by wearing gloves.

The best protection people can utilize are strict adherence to social distancing (6'), using an alcohol based hand sanitizer when leaving the grocery store, wash hands with soap and warm water immediately when you get home, and not touching your face. Don't forget to sanitize your phone, car keys and anything else you may have touched while outside of your home.

Wearing a mask is not required, however these recommendation are the best way to protect yourself and others.

Statement regarding employees at essential businesses open to the public.

With the growing number of positive cases in the State, County and Town, we will likely see employees of essential businesses become ill with COVID-19. When a person is diagnosed with COVID-19, part of the case investigation includes questions regarding occupation as well as close contacts. Employers are notified and proper steps are taken to disinfect and alert anyone who may be at a high risk of infection.

This disease has shown to spread from people with *and without* symptoms. This means that the person ringing up your groceries who feels fine, may be infected with COVID-19 and not know it, and may never know it. It also means that the person handing you your coffee at the convenience store today may become ill tomorrow, and has worked during an infectious period. It is for these reasons that staying home unless you need an essential item is important. This will limit your exposure to other people.

Because the Health Department is involved, store owners/managers will be given guidance for both the employee and cleaning. This ensures that the spread will be limited and the public remains safe. A message to the public regarding a positive case at a particular store might not be provided. This is for several reasons, and weighs the risk to the public versus the benefit of the information. However, if everyone follows the steps recommend to protect themselves, the risk of exposure will be low.

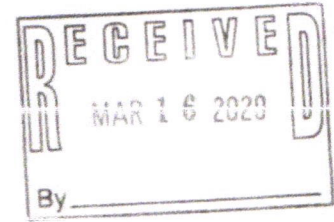
There is a very real possibility that the general public may come in contact with a person who has COVID-19 that worked at a store during an infectious period. This is where social distancing and personal hygiene come in. Everyone should be keeping 6' away from other people. This will prevent the person to person spread of the disease. Everyone should be sanitizing their shopping carts and other frequently touched items and washing their hands as soon as they get home, this will prevent indirect contact spread of the disease. Just being in a store where a positive person worked does not raise your risk of infection as long as you are practicing social distancing and using good personal hygiene.

The good news is, you can keep yourself healthy and safe by following simple steps.

- Stay 6' away from other people. If you must get closer for payment options or other reasons, make it quick. The longer you are within close proximity of others, the higher the risk. The virus lives in the moisture of our breath, coughs and sneezes; the longer a person breaths within 6' of you, the higher the "viral load" you are inhaling.
- Use sanitizer to kill the virus that may be on surfaces you touch such as the shopping cart.
- Don't touch your face! The virus gets into your body through your eyes, nose and mouth.
- The CDC is recommending masks to be worn while out in public places. This step is useful to prevent an asymptomatic person from unknowingly infecting others while out in public.
- Wash your hands. As soon as you get home, wash your hands with soap and warm water for at least 20 seconds. Use a paper towel to dry your hands and then use the paper towel to shut off the faucet.
- Disinfect your home after every trip outside. Wipe down door handles, the interior of your car, faucet handles and countertops.

For most, the symptoms of COVID-19 are mild and include a fever, shortness of breath or cough. We worry that COVID-19 will be spread to the those susceptible to complications and unfortunately, death. We need to remain home so we can keep everyone safe. This is a difficult time and together we can get through it.

IV-A.



To, Harwich Board Of health

Re, 21 plus smoke shop

1421, Orleans Road, Harwich

Subject – Requesting extension to open smoke shop till April 30 2020

My name is Paresh Patel, Harwich Board of Health has extended our smoke shop proposal with a deadline of March 18, 2020.

We are still in the process to get a lease done, because it's such a big company it's hard for us to get quick response's.

We have a contractor lined up and just waiting to get approval from the landlord. I would appreciate approval for a 2 month extension.

Please consider my request.

Respectfully Paresh Patel

PARIV

FH # 617 - 407 - 5891