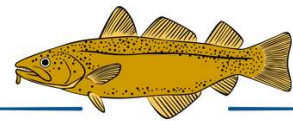


**Are your belongings taking
over your home?**



BARNSTABLE COUNTY
DEPARTMENT OF HEALTH AND ENVIRONMENT

FREE! OPEN TO ALL!

**Join us for this
multi-week "Buried in
Treasures" Workshop
for Help with
Compulsive Acquiring,
Saving and Hoarding!**

*Please note this is a 2 hour per
week, 16 week commitment.*



THIS COURSE INCLUDES:

- Free copy of the Buried in Treasures book
- Support from others with similar struggles
- Decluttering strategies for your home
- Skills to achieve your long term goals

**For more information
or to sign up, call
(774) 330-3001**

WINTER 2024 START DATES

- Thursday 2/1 Dennis Center for Active Living 1:00 PM to 3:00 PM
- Tuesday 2/6 Eastham Public Library 1:30 PM to 3:30 PM
- Wednesday 3/6 Bourne Senior Center 2:00 PM to 4:00 PM