

Harwich Community Center News



January 2024

Phone: 508-430-7568



HAPPY NEW YEAR 2024

The building will be closed on the following dates for the holidays!
New Year's Day – January 1st, 2024
Martin Luther King Jr. Day – January 15th, 2024

Director's Update

Hi Everyone,

I wanted to take a moment to offer some reflections on 2023. I can honestly say it had its share of challenges, but the positive outcomes definitely outweighed those that were difficult.

- ★ It was a time for me to realize how blessed I truly am.
- ★ It was a time to think about the people in my life that truly made a difference (so many of you reading this).
- ★ It was a time to renew my inspiration & commitments to my job that I adore.
- ★ It was a time to make new friends and say goodbye to some VERY special people.
- ★ It was a time to make a difference in some people's lives, hopefully in a positive manner.

★ It was a time to show grace and be grateful.

And it was a time to learn that I need to pay attention to my journey and not rush to the destination, both personally and professionally.

Lastly, I need to remember that the New Year stands before me like an unwritten chapter in the story of my life. I need to make it a story that is a best seller, and not one that never makes it to print.

With that being said, I want to wish everyone a Happy and Healthy 2024!

~ Carolyn Carey
Community Center Director

Free Event!

Adult Comedy Improv Night

January 11th, 5:30PM-7PM

Join us for games & exercises that will take you through the basics of improv, such as taking risks, being present, and learning lifelong skills that can be used on and off the stage.

No previous experience required, just a willingness to say "Yes!"

Space is limited! Call us at 508-430-7568 to sign up.

In Partnership with the Cape Cod Harwich Junior Theatre Company.



Free!

Zumba Fitness Class

January 12th, 5:30PM-6:30PM



Have you always wanted to try Zumba, but weren't sure where to sign up and didn't want to make the commitment to a weekly class? Well, now's your chance!

Drop in for this FREE Zumba class! For ages 13+ with Alissa Krieger-Dewitt.

Family Clue – Murder Myster Scavenger Hunt

January 19th – Timeslot #1 @ 5PM & Timeslot #2 @ 6:30PM

This murder mystery game takes the classic game of Clue off the board and into a real-life scavenger hunt.

Registration required (space is limited!)

Call 508-430-7568 to sign up, or email Reagan.wilda@harwich-ma.gov



Free Event!



Free!

Community Talent Show Auditions

January 16th, 5:30PM-6:30PM

Open call for: Singers, dancers, musicians, comedians, etc!

(Acts are limited to 3-5 minutes)

Want to be part of the Community Talent Show? Either submit a video or audition in person. When you audition, you will fill out a waiver & ensure yourself or your group a spot in the show. All ages welcome!

For video submissions, email Reagan.wilda@harwich-ma.gov



Community Talent Show

January 26th, @ 5:30PM

Prizes for 1st, 2nd & 3rd Place! A family friendly event!



Cape Cod Military Museum Lecture

Jan 12th, 6:30PM **Free Event!**

This month's topic: "The Use of Animals in WWI"



Event Calendar & Schedule



FOLLOW US ON FACEBOOK
@HarwichCommunityCenter

Monday – Building closes at 6PM

Walking Club	6:00AM – 8:00AM
Bit of Bliss Yoga	9:30AM – 10:30AM
Rec Sit/Fit	9:30AM – 10:30AM
Cranberry Rug Hookers	9:30AM – 1:00PM
Quilt Bank	9:00AM – 3:00PM
Indoor Walking Club	10:30AM – 12:00PM
COA Grab & Go Meals	11:30AM – 12:30PM
Jill's Exercise Class	11:30AM – 12:30PM
Men's 55+ Basketball	12:00PM – 2:00PM
Wellness Clinic	4:00PM – 5:00PM
Zumba	5:00PM – 6:00PM

Tuesday

Walking Club	6:00AM – 8:00AM
Lumi Yoga & Wellness	9:00AM – 10:15AM
Mah Jongg	9:30AM – 12:30PM
Beginner Tai Chi	10:00AM – 11:00AM
Indoor Walking Club	10:00AM – 11:00AM
Senior Volleyball	11:00AM – 1:00PM
Homeless Prevention Council	12:30PM – 3:30PM
Mah Jongg	1:00PM – 4:00PM
Insight Meditation	7:00PM – 8:30PM

Wednesday

Walking Club	6:00AM – 8:00AM
Bit of Bliss Yoga	9:30AM – 10:30AM
Wellness Clinic	9:30AM – 12:00PM
Wednesday Stitchers	10:00AM – 2:30PM
Qi Gong	10:00AM – 11:00AM
Indoor Walking Group	11:00AM – 12:00PM
Men's 55+ Basketball	12:00PM – 2:00PM
COA Sign Language	1:00PM – 2:00PM
Cranberry Mah Jongg	1:00PM – 4:00PM
Shooting Stars Basketball	5:15PM – 8:45PM
Sound Dunes Swing Band	6:00PM – 8:30PM
Community Orchestra	6:00PM – 8:30PM
NA	7:30PM – 9:00PM

Thursday

Walking Club	6:00AM – 8:00AM
CC Business Referrals	7:00AM – 8:30AM
Zumba	7:30AM – 8:30AM
Lumi Yoga & Wellness	9:00AM – 10:15AM
Indoor Walking Group	11:00AM – 12:00PM
Artists' Open Painting	1:00PM – 3:30PM
Pound Exercise Class	5:30PM – 6:30PM
Adult Volleyball	6:30PM – 8:45PM

Friday

Rec Sit/Fit Class	9:30AM – 10:30AM
Bit of Bliss Yoga	9:30AM – 10:30AM
Beginner Tai Chi	10:00AM – 11:00AM
Senior Volleyball	11:00AM – 1:00PM
COA – Cribbage	1:00PM – 2:30PM
Men's 55+ Basketball	1:00PM – 3:00PM
Shooting Stars Basketball	5:15PM – 8:45PM
Al-Anon	5:30PM-6:30PM

Saturday

Lumi Yoga & Wellness	9:00AM – 10:00AM
18+ Billiards League	12:00PM – 4:00PM

Schedule is subject to change.

For more information about specific classes, as well as contact information for groups & instructors, please contact the Community Center at 508-430-7568. For information on all events, please check our event schedule online:

harwich-ma.gov/community-center

Game Room Hours: The Game Room is open for general use during normal building hours.

Open Gym Schedule

Tuesdays

1:00PM-2:30PM

Thursdays

12:00PM-2:00PM

Saturdays

12:00PM-4PM

*Children must be accompanied by an adult

Other Events – A Brief Overview

- **Sight Loss Services:** Jan 2nd, 10:30AM-12PM
- **Garden Club Mtg:** Jan 2nd, 1PM-3PM
- **Newcomers Game Night:** Jan 3rd & 17th, 6:30PM-8:45PM
- **Rec Movie Night:** Jan 5th, 6PM
- **Conservation Trust Winter Talks:** Jan 6th, 13th & 27th, 1PM-2PM
- **KD Quilters:** Jan 8th & 22nd, 9:30AM-1PM
- **Chatham/Harwich Newcomers Club Mtg:** Jan 8th, 9AM-11AM
- **Friends of COA:** Jan 10th, 9:45AM-12PM
- **Harwich Women's Club Mtg:** Jan 11th, 1:30PM-3:30PM
- **Adult Improv Comedy Night:** Jan 11th, 5:30PM-7PM
- **Free Zumba Class:** Jan 12th, 5:30PM-6:30PM
- **Military Museum Talk:** Jan 12th, 6:30PM
- **Front Porch Rug Braiding:** Jan 13th, 10AM-3PM
- **Community Talent Show Auditions:** Jan 16th, 5:30PM-6:30PM
- **Harwich Republicans:** Jan 18th, 5PM-6:30PM
- **Family Clue Murder Mystery:** Jan 19th, @ 5PM & 6:30PM
- **Harwich Artists Monthly Mtg:** Jan 20th, 1:30PM-4PM
- **Cranberry Rug Hookers:** Jan 20th, 9:30AM-1:30PM
- **Free Game Night:** Jan 24th, 6PM-8PM
- **Parkinsons Group:** Jan 25th, 2PM-4PM
- **Community Talent Show:** Jan 26th, 5:30PM
- **Women's Club Book Group:** Jan 29th, 2PM-3:30PM
- **Red Cross Blood Drive:** Jan 30th, 2PM-6:30PM

January

Council on Aging Activities

- **Balance Boosters:** Tues & Thur, from Jan 2nd-18th, 10:30AM-11:15AM
- **Intermediate Tai Chi:** Jan 2nd, 11AM-12:15PM
- **Brown Bag Program:** Jan 5th, 8AM-12PM
- **Chair Yoga:** Jan 10th & 24th, 11AM-12PM
- **Men's Breakfast:** Jan 12th, 9:30AM-10:30AM
- **Jill's Senior Fit:** Wed & Fri, from Jan 17th-31st, 9:15AM-10:15AM
- **Guest Speaker Liz O'Donnell:** Jan 17th, 5PM-6PM
- **Big Screen Movie Day:** Jan 19th, 1PM-3PM
- **Mindfulness Meditation:** Jan 22nd & 29th, 10:30AM-11:30AM
- **Mah Jongg Clinic:** Jan 23rd, 25th & 30th, 9:30AM-11:30AM
- **Alzheimer's Warning Signs:** Jan 25th, 10:30AM-11:30AM
- **Chronic Disease Self-Management:** Jan 25th, 1PM-3:30PM
- **Craft Workshop:** Jan 25th, 10:30AM-11:30AM
- **Women's Breakfast:** Jan 26th, 9:30AM-10:30AM

For more information on COA Programs, you can call 508-430-7550

Cape Cod Children's Place Activities

Circle Time

Wed, 10:30AM-11:30AM

Playgroup/Open Gym

Thur, 9:30AM-10:45AM

Pajama Playgroup:

Thur, 5:30PM-7:30PM

Harwich Recreation Department 18+ Billiards League

Saturdays, 12PM-4PM

~ \$20 Entry Fee ~

For more information, or to sign up, contact the Rec Dept. at 508-430-7553.



Red Cross Blood Drive

Jan 30th, 2PM-6:30PM

Registration required!

www.redcrossblood.org



GAME NIGHT

January 24th

6pm-8pm

Card games, board games
and more...

FREE & open to all ages!

Family friendly! Drop-in event!

Understanding Anxiety

Thursday, Jan 25th

6PM-7PM

At the Harwich Community Center

Want to know about anxiety? What is it? What happens when you feel it? When to reach out for help? How to help someone you care about?

Come to this FREE talk with Ashley Symington, LMHC, NCC, Town of Harwich Director of Youth & Family Services.



Family Movie Night with Harwich Recreation!

Friday, Jan 5th at 6PM

Showing: **Disney's Frozen**
(Not a drop-off event. Kids must be supervised.)

Pre-Registration required at
REC@Harwich-ma.gov



We will be hosting a **FREE ADVERTISING EVENT** on
March 30th, 2024!

If you want to set up a table to advertise your business or program, call us at **508-430-7568**, OR email: reagan.wilda@harwich-ma.gov

Sign up by March 1st
(Space is limited!)



Join the Harwich Conservation Trust for these educational talks!



Winter Talks - 2024

January 6th, 1PM-2PM

PETER TRULL: Coyotes in Your Neighborhood

Eastern coyotes, found throughout eastern North America, have a genetic make-up that can be a combination of two species of wolves, western coyotes, and domestic dogs. These wild canids thrive alongside the growing human population on Cape Cod, with its diversity of habitats, open space, and "island ecosystem." Their presence in our yards and neighborhoods may cause unnecessary alarm owing to misinformation that generates fear and anxiety.

In this talk, naturalist and HCT walk leader Peter Trull will share his knowledge and research to offer an objective view about the eastern coyotes' place in our world as well as our place in their world.

January 13th, 1PM-2PM

MARK ROBINSON: History & Future of Land Conservation on Cape Cod

Discover the history and future of land conservation on Cape Cod with Mark Robinson, long-time director of The Compact of Cape Cod Conservation Trusts, as he shares an overview of the themes that drive land protection. Early efforts began with philanthropic gifts and civic beauty efforts, and later graduated to the powerful rise of land trusts and municipal programs beginning in earnest during the 1980s.

Learn how the 21st century is projected to bring trends of "undevelopment" and ecological restoration that can return land once cleared for commercial purposes and other uses back to its natural state.



January 27th, 1PM-2PM

RUSS COHEN: Nibbling on Native Plants in Your Backyard & Beyond

Interested in growing edible native plants in your backyard? Please join expert forager and author Russ Cohen to learn about at least two dozen species of native edible wild plants suitable for adding to your own landscape, or to forage in other locales.

Discover key identification features of each species, learn which parts of the plants are edible, the seasons of availability, preparation methods, and guidelines for safe and environmentally responsible foraging. Russ will discuss his experiences growing some of these plants from seed and the partnerships he has made with conservation groups to add edible native plants to their landscapes.

January Programs & New Logo

With the new year comes new programs at the Community Center. This month, for example, we will be offering a free Zumba and Adult Improve Class to anyone who wants to try something new or meet new friends. We will also be having our first ever Community Talent Show and we can't wait to see what amazing talents are within our community. Didn't get a chance to do Clue Murder Mystery Scavenger Hunt last October? No worries, it's coming back in January and we are excited to offer two time slots!

We will continue 2024 with some new programs and some favorites will be returning as well! Everything from learning about composting and animal behavior this spring to acting classes for kids and the ever-popular BINGO night! There is sure to be something for everyone! Make sure to visit the Community Center and pick up a flyer and newsletter or check out our Facebook page for all the happenings!

We are excited to introduce a new **Harwich Community Center logo and tagline** which will be on all our printed materials including flyers and our monthly newsletter. Make sure to keep an eye out and see the logo that we truly feel represents the Harwich Community Center. A huge thank you to Jennifer Spurling and Simply Be Creative for working with us and coming up with such a fabulous logo!



We Process Passport Application!



Whether you are renewing your passport, or getting one for the first time, we are here to help! **Our passport services are by appointment only**, so if you would like to set up an appointment, please contact us at (508) 430-7568. **Some of the services we offer are:**

- Passport application processing for in-person applicants
- Passport photos (\$10.00)
- Assistance with passport-related questions

For information about how to apply, what documents you need to bring to your appointment, or for online applications to fill out, you can visit www.travel.state.gov. You can also call us at 508-430-7568.

NEWS FROM TRAVEL.STATE.GOV

Important Updates on Passport Processing

The Department of State is committed to providing the best possible service for our passport customers.

We encourage all Americans to:

- Check their passport expiration date before making plans for international travel, and
- Renew their passport well in advance of international travel.

Current Processing Times: Processing times have returned to our pre-pandemic norm. As of December 18, 2023, passport applications will be processed within 6-8 weeks for routine service and 2-3 weeks for expedited service, which costs an additional \$60. With this update, we have fulfilled our commitment to return to benchmarks from March 2020.

Processing times begin when we receive your application at a passport agency or center, and do not include mailing times. It may take up to 2 weeks for us to receive your application after you mail it to us, and up to 2 weeks for you to receive your completed passport after we mail it to you.

High Demand: In 1990, only five percent of Americans had a passport. Today, that number is 48 percent. More Americans can travel abroad now than at any time in our history. There are now over 160 million valid U.S. passports in circulation (nearly double the amount from 2007).

This past year, the Department experienced unprecedented demand for passports. Between October 2022 and September 2023 (the federal fiscal year), the Department of State issued over 24 million passport books and cards - the highest amount ever in our nation's history.

Plans to Address Workload: We are aggressively recruiting and hiring across our passport agencies and centers. Our passport team members nationwide are working overtime each month to issue the millions of passports sought by traveling Americans.

Contacting Us: We encourage customers to check the status of their passport application and sign up for updates via email. Scan the QR Code here for info on getting your passport application status.

Apply Early: We are committed to transparency and will continue to provide regular updates about passport processing times, and to encourage Americans to apply for their passport well in advance of any planned international travel to avoid last-minute issues.

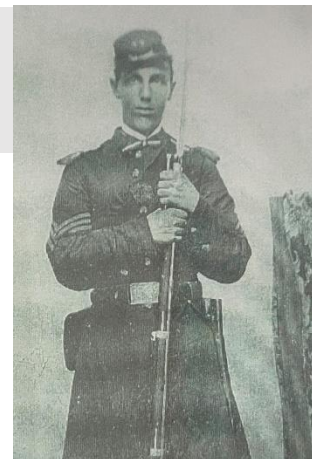


Town of Harwich – Hall of Fame

Asa Leonard Jones

Inducted May 2005

Asa Leonard Jones grew up in the Town of Harwich and was attending the Brooks Academy when the Civil War broke out. Because he had completed some schooling, he was given the rank of Sergeant in the 39th Massachusetts Volunteers where he served until September of 1863. He was then promoted to Lieutenant and assigned to the 6th Infantry Regiment of the United States Colored Troops. Here he served with distinction until after the war was over in 1865. After the war, Asa came back to Harwich. He served for two years on the Nantucket Light Ship between Nantucket and Monomoy, before taking the post as keeper of the Monomoy Lighthouse for 11 years. In 1875, he built the house which still stands at 44 Oak Street in Harwich. Here he lived with his family. His children attended school in Harwich.

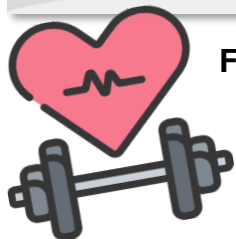


When Asa finished his lightkeeper duties, he began a funeral home business in Harwich. He was elected to the Board of Selectmen, and was one of the first citizens in the Town to own an automobile! His descendants still live in Harwich today, and for his contributions to the fabric of this diverse community, we, the Board of Selectmen, induct Asa Leonard Jones to the Harwich Hall of Fame.

To learn more about other important Harwich residents of the past, visit the Center's Hall of Fame.

The Town of Harwich Hall of Fame is a display honoring Harwich residents, both past and present, who have had a significant impact on our town and community. It is located in the main hallway outside of the Community Center's gym.

Fitness Room Updates



Fitness and Gym Memberships are one of the biggest New Years Resolutions that folks make for themselves.

Unfortunately, they aren't always kept. It can be overwhelming if you don't understand how to use the gym equipment or if you over-train and burn yourself out.

It's important to have guidance and here at the Harwich Community Center Fitness Room, we have Jill Brown, our Certified Personal Trainer to get you started and help to make your gym experience a lifestyle change and not a failed resolution!

Jill is available in the Fitness Room on Mondays and Thursdays, 9:15AM-11:15AM.

She specializes in weight management, low impact exercise, and overall well-being.

Sign Up for Our Fitness Room Today!
Monthly Memberships available for just \$15

The fitness room is available to Harwich residents with a membership and to Silver Sneakers members. Sign up at the front desk today. Proof of residency *or* a Silver Sneakers membership card must be provided to sign up.

How can we improve our fitness room?

We are always interested in making the fitness room even better! Please let us know if you have any ideas or suggestions.

Fitness Room Member Spotlight!

Larry Karle

Originally from Quincy, MA, Larry spent his summers growing up in Harwich at the cottage his father bought back in 1963. He and his wife, Laurie, raised their kids in Norwell up until 2020 when they moved to Harwich full-time. Larry has been happily married to Laurie for 23 years now, and they have two children together, Maddie and Ryan. Maddie is a senior at Roger Williams University, and Ryan, who graduated from Monomoy Regional High School in 2022, is in his first year at Lynn University.

Larry is an independent Certified Financial Planner with an office on Main Street in Harwich Port. He has been in the financial services industry for over 30 years now and loves what he does as an independent advisor because he can serve anyone he wants and who wants his help.

He believes that people should volunteer and give back in their communities. For 10 years, he was the President and coach in the Norwell Little League. He also coached youth hockey and girls' basketball. Currently he is volunteering in the Monomoy College Mentoring Program using his time, experience, and abilities to help guide kids on their journey to college. In addition to volunteering, Larry enjoys spending his free time golfing, fishing, and playing in the men's softball league on the Cape.

When asked what he likes about the fitness room, Larry said that he finds the staff very kind and helpful, and that his fellow fitness room members are friendly and courteous. Larry tends to be a morning person in the fitness room, and said that over the years, he sees the same folks working out in the morning and finds that it is like a small community. He has always been an active person and wants to stay that way.

Thank you Larry for supporting our fitness room and for giving us the opportunity to get to know you both a little more!

Reflections – A look back at last month...



The Mitten Tree was a huge success!

Thank you to everyone who contributed and helped to make the holidays special for families in our community. A special thanks to Polhemus Savery DaSilva for shopping and gift-wrapping. We are so fortunate to have such an amazing community!



Letters to Santa! – A mailbox was set up in the Community Center's front lobby for children to drop off their letters to Santa. For the first two weeks of December, kids of all ages stopped by to mail their letters to Santa.



Dec 2nd – The first Saturday of December was a day filled with holiday sales! The *Harwich Garden Club* hosted their **Holiday Boutique**, and the *Harwich Historical Society* held their **Gift Shop Christmas Sale**. People lined up that morning to have first pick at holiday centerpieces & decorations, hand-crafted gifts, books, baked goods, and a variety of children's items.



Dec 6th – The audience was packed for our **Holiday Concert** with the *Sound Dunes Swing Ensemble*. Everyone had a great time with festive music, dancing, and light refreshments.



Dec 9th – A **Wellness Fair** was held by Samantha Brintnall of *Lumi Yoga & Wellness*, along with several different local health and wellness professionals. There were herbalists, nutritionists, yoga & mindfulness teachers, and more!



Dec 7th – We had 30 participants preregister for the **Ornament Decorating Workshop** with *Hammer & Stained Cape Cod*, who led a demonstration on how to make sea glass tree ornaments, mini-framed sign ornaments, and liquid glass ornaments. For just \$15, each participant got to make three ornaments to take home!



Dec 11th – People stopped by all day on December 11th for our **Grab A Bow** event. A big, wrapped box filled with numbered bows was set up in the Community Center's front lobby. Reaching inside the gift box, everyone picked out a mystery bow at random and won a prize based on the number that was written on their bow. In total, we gave out all 150 prizes that day, which ranged from holiday wreaths, gift cards, books, and so much more!





Dec 14th – A North Pole themed celebration was hosted by the *Harwich Women’s Club*, in collaboration with *Monomoy Family Resource Early Childhood Program*, and other local non-profits. A large crowd of children and their families stopped by for this festive gathering. There was caroling and bells, free books at Rudolph’s Book Nook, crafting, sweet treats with Mrs. Claus, and kids got to visit Santa in his workshop and get their picture taken. Throughout the celebration, toy donations were collected for local non-profits.



Dec 15th – People of all ages stopped by for our **Ugly Sweater Decorating Contest**, and everyone had a lot of fun. Some people brought in their own sweaters, and the Community Center provided free sweatshirts to decorate as well. With glue guns on hand, and tables filled with a variety of decorating supplies, the creative minds of attendees got to work decorating their ugly sweaters. The final results were both wildly varied and completely fantastic to see! Afterwards, people anonymously voted on their favorites, and prizes were given out.



Dec 17th – The *Harwich Town Band* hosted their **Holiday Concert** in the Community Center’s gymnasium. Crowds showed up to celebrate Harwich for the holidays with festive music and caroling sing-alongs.



Dec 21st – An enthusiastic crowd showed up for our **Winter Solstice Drum Circle**. In celebration of the shortest day of sunlight in the year, participants played out a range of lively rhythms and beats. It was a lighthearted atmosphere, and everyone had a lot of fun.



Dec 22nd – This month’s lecture with the *Cape Cod Military Museum* was on “**The Yankee Division WWII.**” People stopped by for an hour of informative and fantastic story-telling with *Military Museum* lecturer, Joe Yukna.



Dec 22nd – This month’s **Family Movie Night** featured three Christmas classics: *Rudolph the Red-Nosed Reindeer*, *Frosty The Snowman*, and *How the Grinch Stole Christmas*. Children and their families stopped by for this fun night of free movies and popcorn.





"Darkness cannot drive out darkness; only light can do that. Hate cannot drive out hate; only love can do that."
 — Martin Luther King, Jr

**MARTIN
LUTHER
KING JR. DAY**

**CAPE COD
HARWICH JUNIOR THEATRE
COMPANY**

**Winter
Classes 2024**

Classes run January 8th – March 23rd

**Theatre Classes & Tap Classes are
available for all ages!**

10% Discount for multiple classes!

For class descriptions and registration info, scan the QR code here, or visit capecodtheatrecompany.org



THEATRE: 105 Division St, W. Harwich • 508-432-2002 X17 • Tuition Assistance Available

The Harwich Chatham Woodworks is working on a special project for the Community Center—a new computer station for our front lobby! Stay tuned for information to come!



For information about weather-related closures of the Harwich Community Center, tune in to any of the following radio stations:

• **WCOD 106.1** • **WXTK 95.1** • **WOMR 92.1** • **WQRC 99.9**

You can also sign up for Emergency Alerts and Routine Notifications here: harwich-ma.gov/home/pages/notifications



**Help Shape the Future of Harwich
MAKE YOUR VOICE HEARD**

Take the Harwich Comprehensive Plan Survey
www.surveymonkey.com/r/CMFVMWX



The Town of Harwich is updating its Local Comprehensive Plan (LCP), a public process to define a shared community vision for land use and development, capital facilities and infrastructure, and resource protection in the Town, as well as a targeted plan to implement the LCP.

Building Hours of Operation

Monday: 6AM - 6PM

Tuesday—Friday: 6AM - 9PM

Saturday: 8AM - 4PM

Sunday: Closed

Fitness Room Hours

Monday: 6AM-5:45PM

Tuesday – Friday: 6AM-8PM

Saturday: 8AM-3:45PM

Harwich Community Center

100 Oak Street
 Harwich, MA 02645
 Phone: 508-430-7568
 Fax: 508-430-7085

Website: www.harwich-ma.gov/community-center

Email: ccarey@harwich-ma.gov

If you would like to sign up for our Newsletter to be emailed to you, give us a call, or stop by the front desk today! **You can find earlier issues of our newsletter on our webpage**

Community Center Phone Directory

Harwich Community Center: (508) 430-7568

Council on Aging: (508) 430-7550

Recreation Department: (508) 430-7553

Channel 8: (508) 430-7569

Town Nurse: (508) 430-7505

Veterans' Affairs: (508) 430-7510

Cemetery Commission: (508) 430-7549